

"I AM TAKING PART IN THE NATIONAL COLORECTAL CANCER SCREENING PROGRAMME"

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TEST INSTRUCTIONS: GET OUT AND OPEN THIS DOCUMENT

FAQs

- **I was unable to take a sample properly (e.g. I got urine on my stools) - what should I do?**

Call *Laboratoires Réunis* on **(+352) 780 290-1**. They will give you suitable advice.

- **Do I have to pay for this screening test?**

NO, this screening test is free.

- **Can I drop off the blue envelope containing my sample at a different laboratory?**

NO, you must either post your sample in a letter box or drop it off at a *Laboratoires Réunis* blood test centre of your choosing.

- **Who will receive my result?**

It will be sent to you, the doctor you named on your identification sheet and the Coordination Center of cancer screening programs.^{*} The result will be sent after no more than 15 days

- **If I do not have a doctor, what should I put on the identification sheet?**

Tick the box next to "I do not have a doctor".

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Find the test instructions at

www.mytest.lu

**One small gesture for you.
One giant leap for your health.**

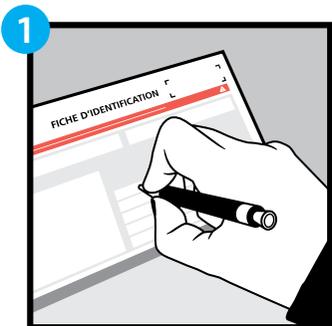
*** For more information, please contact:**

Centre de coordination des programmes de dépistage des cancers
Ministère de la Santé, Direction de la Santé
Villa Louvigny, Allée Marconi, L-2120 Luxembourg
Tel : (+352) 247-85641, e-mail : colorectal@ms.etat.lu

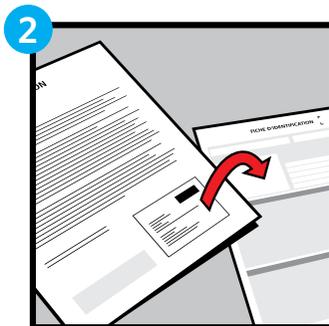
websites : www.plancancer.lu or www.sante.lu



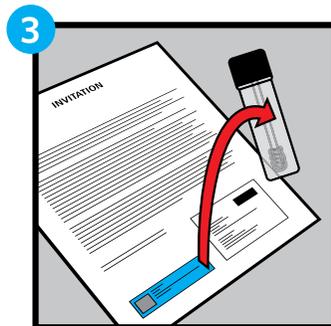
HOW TO TAKE THE TEST?



Take the identification sheet showing personal information out of pocket 1 and fill it in.



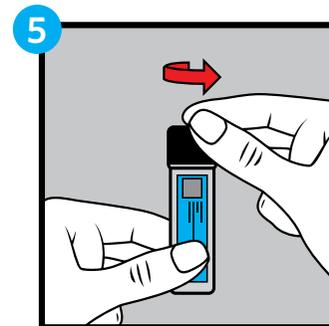
Remove the large white label from your invitation letter and stick it on the identification sheet.



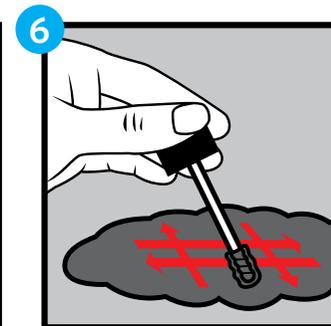
- **Remove the tube** from pocket 3.
- **Remove the small blue label** from your invitation letter and stick it to the flat side of the tube where it is marked "Surname, Name".



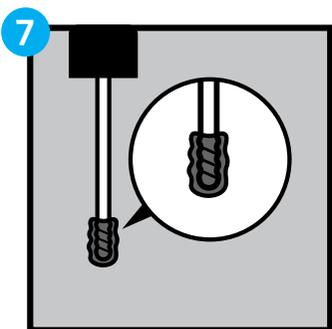
- **Urinate just prior** to starting your test.
- **Remove the stool collection paper** from pocket 3 and attach it to the toilet seat using the stickers. Press lightly on the paper to make a slight hollow.
- **Sit on the toilet** and deposit your stools.



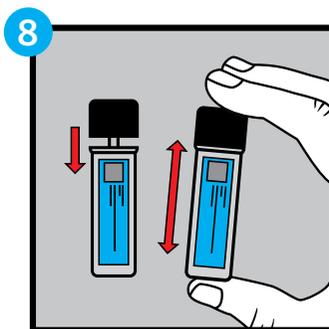
Unscrew the tube to open it. **Remove the cap** with the green stem.



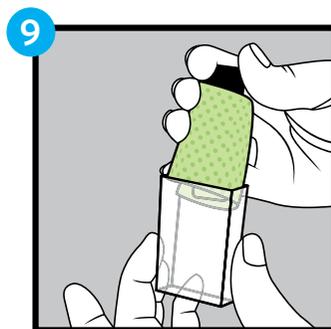
Scrape the surface of the stools in several places using the stem so that the ribbed end is covered with stool matter.



Make sure that only the extreme end of the stem is covered in stool matter.



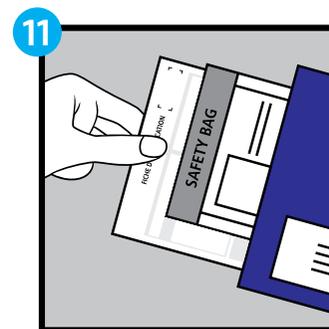
- **Insert the stem** into the tube and screw the cap back on.
- **Ensure that the tube is properly closed and shake it** vigorously to mix the liquid with the stool matter.



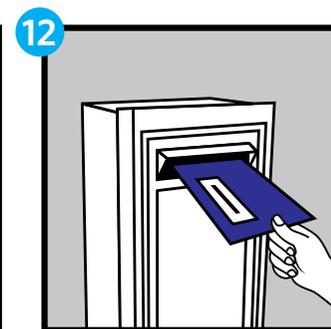
- **Wrap the green absorbent paper** around the tube and **place it in the plastic protection box**.
- **Check that you have correctly attached the blue label** to the tube and close the protection box firmly.



Insert the plastic protection box containing your tube **into the clear plastic "Safety Bag"** which can be found in pocket 2; seal the bag hermetically.



Insert the completed identification sheet and the "Safety Bag" containing your sample into the blue prepaid envelope showing the Laboratoires Réunis address which can be found in pocket 2. Seal the blue envelope hermetically.



Send your blue envelope the same day or at the latest the following day (as long as it is not just prior to a weekend or bank holiday), either by posting it in a letter box or by dropping it off at a nearby Laboratoires Réunis blood test centre. Addresses can be found on the following internet page: www.labo.lu/centres.